



Teck



Teck Triathlon Clinic and Event



Teck and Kids of Steel present the “Teck Triathlon Clinic.” Come try one of the newest Olympic sports. Test your tenacity as you complete three sports back to back! Have fun and meet new friends as you learn...

- Basic skills of swimming, cycling, running, and doing transitions in triathlon
- Great games and challenges for your fitness, skill, mind, and body

And then complete a REAL triathlon, at the end of the clinic! In Multisport every finisher is a winner!



Clinic and Event Information

- Ages:** 8-15 years
Location: Trail Aquatic and Leisure Centre
Dates: Sunday June 26th
Times: 11:15 am - 5:15 pm
Cost: **FREE!**
What to Bring: Swimsuit and Goggles, Bike and Helmet, Running Shoes, Indoor and Outdoor Clothes, Water Bottle, Bag Lunch and TWO Healthy Snacks



In addition to the great experience of attending the camp, kids will receive a free T-Shirt!

To Register:
Fax completed registration form to 416-426-7294 or email to raceentries@triathloncanada.com by Friday June 17th (limited spots available). Spots in the clinic are available on a 'first come first serve' basis.

For Further Information Contact:
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TBD, Coach and Facilitator

