

## Canadian Sport Centre - Pacific Athlete Eligibility Criteria

### Sport: Triathlon (Updated 2012.01.12)

**Note:** Triathlon BC & Canadian Sport Centre Pacific (CSC-P) reserve the right to award additional cards based on individual athletes meeting the stage-appropriate minimum performance standards listed below, with the endorsement of Triathlon BC or Triathlon Canada staff. CSC-P carding targets athletes 23 years of age and under.

Athletes may appeal the age-exemption; however, they must show a minimum (3%) measureable improvement in performance standards while achieving triathlon performance standards from one year to the next, as documented at sanctioned, triathlons and through swim or run events that comply with Triathlon Canada's "achieving performance standards" guidelines. An athlete may supersede the age restriction by producing a letter of verification issued by Triathlon Canada stating the athlete will progress to the National Team within one year.

Athletes interested in seeking a Triathlon BC / CSC-P card must submit an application using an electronic form available from Triathlon BC.

### CANADIAN DEVELOPMENT - Level 1

**Descriptor:** Any athlete on the Triathlon Canada National Team or the Triathlon Canada Development Team that is not receiving Sport Canada Athlete Assistance Program (AAP) support may apply for CSC-P support at this level.

### CANADIAN DEVELOPMENT - Level 1A

**Descriptor:** National Development athletes demonstrating potential to move to Level 1 according to Triathlon Canada's sport specific development pathway, in conjunction with having demonstrated world class performance as defined below.

*Athlete must meet criterion 1 & 2 below to receive a Provincial Elite designation.*

1. Must have represented Canada at a World Cup (WC) or World Championships Series (WCS), and/or the previous year's World Championships in their respective Elite category (Jr/U23/Elite) prior to being awarded a CSCP Provincial Elite Card.
2. To be eligible for a Provincial Elite Card, Senior Elites/U23 and Junior athletes must meet the following minimum performance standards (Swim and Run) prior to being nominated for a card:

#### **Chart 1: Summary of IPS Level 1a minimum standards:**

	800 m Swim	1500 m Swim	5 000 m Run	10 000 m Run
Junior A Male	<9:52	-NA-	<15:55	-NA-
U23 Elite A Male	<9:36	<18:30	<15:40	<32:40
Senior Elite Male	-NA-	<18:30	-NA-	<32:40
Junior A Female	<10:24	-NA-	<17:55	-NA-
U23 Elite A Female	<10:08	<19:30	<17:40	<36:40
Senior Elite Female	-NA-	<19:30	-NA-	<36:40

### PROVINCIAL DEVELOPMENT – Level 2

*Note: IPS levels (2 & 3) are used to further stratify athlete development stages, used for Triathlon BC & CSCP-P internal purposes only.*

**Descriptor:** Provincial development athletes demonstrating potential to move to Provincial Elite status according to Triathlon Canada's sport specific development pathway. Provincial Development cards are awarded for a **maximal duration of 3 years**.

Athlete must meet criterion 1 & 2 below to receive a Provincial Development designation.

To be eligible for a CSC-P Development Card- Level 2, U23 Elite and Junior Elite athletes must meet the following performance standards prior to being eligible;

1. Triathlon performance:

- a. Competed in Canadian National Championships in either the Junior Elite, U23 Elite / Senior Elite races, and placed within 95% of the winner in the past twelve months..
- b. Posted two results meeting the following benchmarks;
  - Junior Elites must have posted **two** top 10 (men) / top 7 (women) results in Triathlon Canada Junior Series events.
  - U23 Elites must have posted **two** top 12 (men) / top 8 (women) results in PATCO ITU Continental Cup event

2. Swim and run performance:

- Junior athletes must meet one (1) Junior A standard, and one (1) Junior B standard to be nominated for IPS Level 2.
- U23 athletes must meet one (1) U23 Elite B standard and one (1) Junior A standard.

**Chart 2: Summary of IPS Level 2 minimum entry standards:**

	800 m Swim	1500 m Swim	5 000 m Run	10 000 m Run
<b>U23 Elite B Male</b>	<9:45	<18:45	<15:40	<33:00
<b>Junior A Male</b>	<9:52	-NA-	<15:55	-NA-
<b>Junior B Male</b>	<10:24	-NA-	<17:40	-NA-
<b>U23 Elite B Female</b>	<10:15	<19:45	<17:40	<36:55
<b>Junior A Female</b>	<10:24	-NA-	<17:55	-NA-
<b>Junior B Female</b>	<10:56	-NA-	<20:10	-NA-

3. Athletes that reside in a National or Regional Training Center catchment area, and meet the posted standards, must train under National and/or Regional Centre Training programs and staff.

Jr. Dev standards are Triathlon Canada Junior National normative standards.

**PROVINCIAL DEVELOPMENT - Level 3**

**Descriptor:** Regional development athletes demonstrating potential to move to Level 2 according to Triathlon Canada’s sport specific development pathway.

*Athlete must meet criterion 1 & 2 below to receive a Provincial Development designation OR meet criteria 3*

1. Must have competed in three (3) junior Elite or U23 Elite races (draft legal) in the past twelve months prior to applying for a PROVINCIAL Development Card.
2. To be eligible for a PROVINCIAL Development Card, junior athletes must meet both the following performance standards (Swim and Run) prior to being nominated for a card:

**Chart 3: Summary of IPS Level 3 minimum entry standards:**

	400 m Swim	800 m Swim	3 000 m Run	5 000 m Run
<b>U23 Elite C Male</b>	4:56	<9:53	9:48	<16:05
<b>Junior B Male</b>	5:04	<10:24	10:12	<17:40
<b>U23 Elite C Female</b>	5:12	<10:23	11:18	<18:05
<b>Junior B Female</b>	5:20	<10:56	11:42	<20:10

3. Athletes who are named to the Triathlon BC Canada Summer Games long list, for the 2 years preceding the games, not meeting the above criteria may be nominated as Level 3 athletes. This nomination is discretionary, and based on an individual athlete assessment by Triathlon BC's provincial coach and/or Triathlon Canada staff. This would be for 2011-12 and 2012-13 (and 2015-16 and 2016-17 etc).

(\*) Proof of times will be required. Swimming Canada, Triathlon Canada and Athletics Canada sanctioned events can be used to demonstrate performance ability. Proof of time can also be demonstrated at a scheduled time trials through the National Triathlon or Regional Triathlon Centres.

### **PROVINCIAL DEVELOPMENT - Level 3 TALENT ID**

Athletes showing exceptional ability in either swimming or running and competency in the other two sports, as assessed by Triathlon Canada staff, are eligible for a two year Provincial Development Card at Level 3.

#### **Chart 4: Summary of IPS Level 3-Talent ID minimum entry standards for one of swim or run ability:**

	<b>1500 m Swim</b>	<b>10 000 m Run</b>
<b>Senior Elite Male</b>	<18:30	<32:00
<b>Senior Elite Female</b>	<19:00	<35:30

Athletes applying for a Provincial Development Card under the Talent ID section, must register and attend an RTC program or Triathlon Canada sanctioned equivalent.

### **PROVINCIAL DEVELOPMENT – TRAINING ENVIRONMENT**

Level 2 and Level 3 eligible athletes residing in a National or Regional Training Center catchment area, and meeting the posted standards, must train under National and/or Regional Centre Training programs and staff.

Talent ID athletes must attend an RTC program or Triathlon Canada equivalent.