

# Triathlon BC Club Manual





P.O. Box 34098, Station D  
Vancouver, BC  
V6J 4M1  
Tel. (604) 736-3176  
Fax. (604) 736-3180  
E-mail. [info@tribc.org](mailto:info@tribc.org)  
Website: [www.tribc.org](http://www.tribc.org)

Compiled March 2004 by John Temesi

*Special thanks to Susan Brooks, Andrea Carey, Kristine Chambers, Kris Hildebrand, Lisa Chandra, Mike Ellis, Liz Graham, Andrew Makepeace, and Marlon Tang.*

Revised January 2005 by Rob Sweetland

Revised February 2007 by Les Pereira

Revised August 2011 by Yue-Ching Cheng, Emily Vickery, Allan Prazsky

## TABLE OF CONTENTS

	Page
Table of Contents	1
About Triathlon BC	
Introduction	2
Values and Mission	2
Values Statement	2
Triathlon BC Membership	3
Triathlon BC Affiliated Clubs Registration	4
Youth Specific Clubs	5
Criminal Record Checks	5
Triathlon BC Club Insurance	6
Kids of Steel Program	7
Kids of Steel & Youth Race Rules	8
Coaching Certification	9
Officials Certification	9
Triathlon BC Harassment Policy	10
Triathlon BC Competition Rules Summary	10
Triathlon BC Club Registration Form	13

## ABOUT TRIATHLON BC

### Introduction

Triathlon BC is the provincial governing body for the sports of Triathlon, Duathlon, and Aquathlon.

### Vision and Mission

#### Vision Statement:

Triathlon BC will develop, promote and support the sport of Triathlon in British Columbia.

#### Mission Statement:

1. *DEVELOP* - Triathlon BC will use available skills and resources to give back to its stakeholders – developing the sport by investing back in the community.
2. *PROMOTE* - Triathlon BC will produce an annual race series to promote participation and friendly competition in the sport of triathlon in all regions of British Columbia, as well as to recognize races with a high basic standard. Triathlon BC will promote the sport by creating and improving brand awareness, using all forms of communication media available to reach out to its current and potential membership.
3. *SUPPORT* - Triathlon BC will support the sanctioned races to meet an improved basic standard for the benefit of all members. Triathlon BC will increase both the adult and youth membership and provide resources and opportunities for new and existing coaches – recognizing that coaches are fundamental to the growth of the sport at all levels.

### Values

Triathlon BC is committed to support the values universally acknowledged as the essence of sportsmanship, specifically; safety, honesty, fair play, cooperation, competitive spirit, respect for rules, and respect for all others involved in the sport, without prejudice to race, colour, creed, gender or physical ability.

## **TRIATHLON BC MEMBERSHIP**

Triathlon BC membership is recommended for athletes, Officials and coaches involved in the sports of Triathlon, Duathlon, or Aquathlon. Membership is valid from January 1<sup>st</sup> to December 31<sup>st</sup> of each year. At all Triathlon BC sanctioned events, members are required to present their membership card at package pick prior to racing. Members who do not present their card they may be assessed the day-of-race insurance coverage fee.

For athletes wishing to compete at an Elite level on the Provincial, National or International level, competency-based Elite and Junior Elite membership is also available. Information regarding elite designation may be found on the Triathlon BC website under the section titled "Athlete Development".

### **MEMBERSHIP BENEFITS**

Your membership in Triathlon BC aids the growth, development and improvement of all aspects of our sport throughout British Columbia. From regional growth, youth development, coaching clinics to Officials training, supporting Triathlon BC through membership is far-reaching.

Benefits of being a Triathlon BC member include:

- Reduced race entry fees.
- Participation and ranking in the Provincial Race Series.
- Possibility of High Performance Funding.
- Ability to participate in major multisport Games, including the BC, Western and Canada Summer Games.
- Reduced Coach Clinic fees.
- The eligibility to win awards, prizes, or money in the Provincial Race Series.
- The eligibility to be named to the BC Team.
- The eligibility to compete as an Elite athlete.
- The eligibility to compete at World Championship age-group events as part of the National Team.
- Aiding in the funding of programs that include junior development, athlete development, Officials training, and coaching development.
- Become accredited as a Provincial or National level Official.
- Tap into affiliated business discounts.

Types of Triathlon BC Memberships:

- Adult Member
- Adult in Club Member
- Junior Member (Under 19)
- Household Family Membership (Two Adult memberships, and any number Junior members). Immediate family members in the same household only.
- Non- Competitive Technical Officials, Race Directors

Privacy Policy

Personal information is only used in accordance with Triathlon British Columbia's Privacy Policy, and is not sold to third party agencies. Our policy can be viewed at [www.tribc.org](http://www.tribc.org).

## **TRIATHLON BC AFFILIATED CLUBS REGISTRATION**

Club affiliation activates membership discounts, allowing for registered Club members to become Triathlon BC members at a discounted rate. Additionally, Triathlon BC offers insurance which covers scheduled Club activities. There are some restrictions to the insurance policy which are outlined in the Triathlon BC Club Insurance section of this handbook manual.

- 1) A Club must be registered with Triathlon BC in order for members of the Club to purchase reduced Triathlon BC membership. To register as a Triathlon BC affiliated Club, the Club must meet minimum requirements, and submit an annual Registration form. A copy of the Club Affiliation form is included in this manual.
- 2) Clubs must renew their affiliation with Triathlon BC on an annual basis, preferably before the start of each season.
- 3) Minimum affiliated Club requirements include:
  - a. Minimum Club Members : Ten (10) adult members or five (5) junior members in Zones 2, 3, 4, 5 and 6\* *(includes Thompson-Okanagan, Fraser Valley, Fraser River-Delta, Vancouver-Squamish and Vancouver Island)*
  - b. Minimum of five (5) adult members or three (3) junior members in Zones 1, 7 and 8\* *(includes Kootenays, North/West BC and Cariboo-North East BC)* in order to register with Triathlon BC.
- 4) In order to provide insurance, Clubs must submit a detailed list of regular, scheduled training sessions. This list must include the type of workout, location and duration.
- 5) A minimum of one (1) certified coach must be present at each listed training session. All coaches must be certified with the NCCP Community Sport Triathlon module (minimum).
- 6) Clubs with a member or members under the age of 19 years must provide a criminal record check on behalf of their listed coaches every 3 years.
- 7) All coaches and participants in Club training sessions must be current Triathlon BC members.

## **BATCH MEMBERSHIP PROCESSING**

Triathlon BC batch processes all club memberships. Once processed, a package of memberships will be mailed to the Club registrar for distribution.

## YOUTH-SPECIFIC CLUBS

Triathlon BC encourages the growth and development of youth participation through youth-specific Clubs. These Clubs help in getting children active and excited about the sport of Triathlon. Triathlon BC is committed to making youth Clubs grow and flourish, and can assist in hosting Community Development clinics aimed specifically at young athletes.

Affiliated Clubs catering specifically to youth require a minimum of five (5) members in zones 2,3,4,5,6\* (*includes Thompson-Okanagan, Fraser Valley, Fraser River-Delta, Vancouver-Squamish and Vancouver Island*) and a minimum of three (3) members in zones 1,7,8\* (*includes Kootenays, North/West BC and Cariboo-North East BC*).

There are several key components to consider when starting a Youth Triathlon Club:

### 1. Administration

- Designate a person that will be in charge of your Club's administration. Duties may include Club and athlete registration with Triathlon BC, facility scheduling, participant fee collection, and where applicable, Coach or Leader payment.

### 2. Facilities

- Swimming being a key component of any triathlon training, pool facilities will need to be secured. Many communities centres, schools and university offer access to pool time, all at varying price structures. Similarly, booking track and gym sessions may also benefit your athletes. What works best for your Club?

### 2. Promotion

- School and community centres are great venues to promote your Club and its activities. Create flyers and brochures to distribute throughout the community's sports network. Ask to speak to teachers and schools to promote participation in triathlons through your Club and its activities.
- Remember that volunteers are critical to any Club's success – don't underestimate the enthusiasm and drive a good volunteer can bring to a Club.
- Speak to Triathlon BC about newsletter or web-based advertising promoting your Clubs initiatives.

### 3. Coaches

- Assign a certified coach to lead the Club's scheduled workouts. This individual will need, at minimum, NCCP Community – Triathlon certification, and will also be required to submit a criminal record check (valid for three years). Speak to local Regional Training Centres (RTC) about forming a pathway of excellence for your more advanced athletes.

## CRIMINAL RECORDS CHECKS

Affiliated Club coaches working with a member(s) under the age of 19 years must consent to a criminal records check, available through local or municipal Police offices. Completed forms should be sent to Triathlon BC at the following address:

Triathlon British Columbia  
P.O. Box 34098, Station D  
Vancouver, BC  
V6J 4M1

Note: Some agencies will charge a nominal fee for volunteer criminal records checks, most *will* charge for coaches in paid positions. Triathlon BC is not responsible for any associated fees.

If you are interested in starting a youth Club and are in need of more details or resources, please contact us at [info@tribc.org](mailto:info@tribc.org).

## TRIATHLON BC CLUB INSURANCE

Triathlon BC offers comprehensive insurance coverage for all Triathlon BC affiliated Clubs. Coverage is amongst the best available for sports affiliates, and includes third party liability coverage of \$5 million, medical insurance coverage, and includes additional benefits as listed below. Please note, coverage does not include damage to equipment (such as bikes, wheels, etc.) whatsoever.

Triathlon BC insurance is intended to provide coverage for members when participating in regularly scheduled Club training activities and sanctioned events, and does not cover accidents outside of these scheduled activities. Therefore, it is imperative that each Club notify Triathlon BC of their training times in order to ensure coverage for Club members remains up to date.

To receive Club insurance coverage, the following conditions must be met:

- All participants and coaches must be Triathlon BC members.
- The Club Affiliation form must provide information on all regularly scheduled Club training times (these are the only times when members are insured). Any changes to these training times must be submitted to Triathlon BC in writing, well prior to the scheduled workouts.
- There must be at least one (1) certified coach in attendance at all Club training activities (minimum accepted certification – NCCP Community Triathlon).
- **Clubs with members under the age of 19 must submit a criminal records check on behalf of their coaches every 3 years.**

Coverage includes (but is not limited to):

- Third party liability: \$5 million
- Accidental death: \$10,000
- Accidental dismemberment: \$20,000
- Dental accident reimbursement: \$2,000

Should a Club member wish to make a claim, they should contact Triathlon BC. An Athletic Accident Claims form must be submitted within 30 days from the date of the accident. Keep all medical receipts – you will be required to submit them for reimbursement.

All inquiries regarding coverage should be directed to the Executive Director at [info@tribc.org](mailto:info@tribc.org).

Triathlon BC recommends that an incident record of any unusual circumstances be kept. It is prudent to establish an Emergency Action Plan (EAP) and ensure that all participants have proper and functioning equipment and obey the traffic laws and rules of the road, as demanded by the respective authority.

Triathlon BC recommends that youth or Kids of Steel® Clubs have the following coach to athlete ratio:

- 1 coach per 5-8 athletes when athletes 10 years old or younger
- 1 coach per 8-12 athletes when athletes older than 10 years

**NOTE: All coaches who coach juniors are now required to consent to a criminal records check every three (3) years.**

## INCORPORATING A TRIATHLON CLUB AS A SOCIETY

To be eligible for many government-based sport development funding opportunities, Triathlon BC actively encourages affiliated Clubs to register as a society under [BC's Society Act](#). Please refer to the Provincial Government website for the latest Society information.

## **KIDS OF STEEL® PROGRAM**

The "Kids of Steel®" program is the National Youth Development Program of Triathlon Canada. It is aimed at kids 7 (and under) to 19 years of age with increasing opportunities for Para-triathletes to participate at 18 years; competitors may compete in adult age-group sprint and Olympic-distance races.

### **Kids of Steel® Mission Statement**

The Kids of Steel® program is designed to guide youth development in triathlon and related multi-sport events through the delivery of a standardised program across Canada. The Kids of Steel® program promotes:

- healthy, active living (*triathlon as a lifestyle*)
- lifelong participation (*recreational and competitive streams; developmentally appropriate training*)
- safety (*distance and equipment regulations; national race sanctioning standards*)
- fun (*enjoyment of sport; celebration of personal excellence and camaraderie*)
- skill development
- involvement of Canada's youth

### **Kids of Steel® Foundations**

The foundations underlying the Kids of Steel® development model and program guidelines are based on sound theory encompassing:

- research in youth sport
- physiological, psychological, and social growth and development patterns
- maturational issues
- National Sport development models and theory
- Olympic values

## KIDS OF STEEL AND YOUTH RACE RULES

The purpose of Kids of Steel® rules is to promote safety in regards to equipment and race distances that are developmentally appropriate. The rules for Kids of Steel® races are based on adult competition regulations; however some key differences, outlined in this section, exist. Please note, Kids of Steel rules are reviewed on a regular basis, and may change from year to year. For the latest age, distance and equipment rules, please check the rules posted on the Triathlon Canada Website.

### Rationale for Kids of Steel® Equipment Rules

**Safety** is of paramount importance for young athletes. Advanced equipment can be “contraindicative” (i.e. causes more harm than good) when used by novice athletes.

**Inclusion** is a large component of the Kids of Steel® philosophy. Many young athletes cannot afford top-quality equipment; therefore, the rules create a more equitable environment for participation.

**Development** is also taken into account since basic skills must be mastered as a foundation for future success. Races of longer duration and equipment that restricts basic skill acquisition are not conducive to long term involvement in sport, nor do they promote opportunities for athletes to reach their ultimate potential.

### What is “Developmentally Appropriate”?

Every child develops at a different rate. Biological age, or age of the “growing body”, may differ from chronological age by one to three years. Maturation describes the patterns of development that culminate in an adult state including skeletal, sexual, neural (brain and nervous system), morphological (height and weight), psychological and emotional, intellectual and cognitive. Guidelines that are “developmentally appropriate” take maturational patterns into account. They ensure athletes avoid practices that may negatively impact long term involvement in sport and physical activity. For more information on childhood growth and development, sport recommendations, and maturational issues, contact Triathlon Canada.

### Kids of Steel® Age Divisions and Racing Up

Ages are determined as of December 31 of the current year of competition. Athletes must race in their respective age divisions; no athlete under the age of 18 is permitted to race in a “higher” or “older” age division. The exception is that athletes 18-19 years of age may race “up” in the 18-23 elite category of ITU races or 20-24 age-group in Olympic-distance races.

### Maximum Distances

Distances denote the maximum for each age group. Races may be shorter, but not longer, than the prescribed KOS distances. Triathlon BC has the discretion to approve distances that are nominally longer (maximum 10%) than those stated below when the need is due to safety issues in course design. Variances of more than 10% will be referred to the National Youth Development Committee for input and agreement. Due to developmental concerns, distances for ages 5 years and younger should be substantially shorter than the 7 and Under maximums.

Age Divisions	Maximum Race Distances (Swim / Bike / Run)
7 & Under	50 m / 1.5 km / 500 m
8-9 years	100 m / 5 km / 1.5 km
10-11 years	200 m / 5 km / 2 km
12-13 years	300 m / 15 km / 3 km
14-15 years	500 m / 10 km / 4 km
16-19 years	750 m / 20 km / 5 km
18-19 years	1500 m / 40 km / 10 km

## **COACHING CERTIFICATION**

Sport plays an important role in the lives of many Canadians; quality coaching is critical for participants to enjoy a positive sports experience. The National Coaching Certification Program (NCCP) is a collaborative response by provincial and federal agencies ensuring that all sports have well-trained and qualified coaches.

In order to be an affiliated to Triathlon BC, Clubs need to have a minimum of one coach on their roster who is, at a minimum, Triathlon Community certified. Sport Specific Community courses are offered on a regular basis throughout the fall, winter and spring, and over three primary areas of study:

- a) Safety, ethics and liability.
- b) Technical introduction to all four sports.
- c) Program planning.

Participants of this two-day clinic gain useful triathlon information, discuss principles of training and network with other participants in the sport.

All streams in the NCCP program include modules covering ethical coaching, teaching and learning, planning a practice (including material pertaining to growth and development), planning a program, nutrition, and mental skills training.

For more information on the NCCP program, refer to the Triathlon BC website. General coaching information is also available from the website of the Coaching Association of Canada at [www.coach.ca](http://www.coach.ca) or the Coaches Association of British Columbia (CABC) website at [www.coaches.bc.ca](http://www.coaches.bc.ca).

Triathlon BC encourages professional development for all coaches through active membership in the Coaches Association of BC (CABC).

## **OFFICIALS AND CERTIFICATION**

There are many opportunities to become involved in the sport of triathlon as an Official. Officials ensure that Triathlon BC sanctioned events are conducted in a safe and fair manner according to the governing rules of the sport.

Officials are classified into four levels based upon certification and experience:

Level 1 & 2 - Officials accredited as either Level 1 or 2 are assigned to local events. Where appropriate, Level 2 Officials often act as Head Officials at an event.

National Technical Official (NTO) – NTO Status is geared towards higher level Provincial and National Championship events. Officials at this level are accredited by Triathlon Canada.

International Accreditation (ITO) – ITO status is required for Officials at major International events such as the Pan American Games, Commonwealth Games, World Championships, and Olympics.

At a typical event, between three and five Officials are required. Provincially sanctioned events, Provincial Championships, and Provincial Summer Games provide an excellent opportunity for Officials to gain exposure and experience, and to work with, and learn from, higher certified Senior Officials.

Triathlon BC is constantly looking for new individuals to become part of our Officiating team. If you, or a member of your Club, is interested in becoming an Official, or if your Club would like to host an Officials' clinic, please contact Triathlon BC. There is no fee for hosting or attending a clinic, and Triathlon BC will conduct a clinic anywhere in the province provided that there is a minimum of four interested individuals.

To foster growth in numbers, and to meet the demand of a growing sport, Triathlon BC would like to encourage each Club to have at least two certified Officials in its roster.

## **TRIATHLON BC HARASSMENT IN SPORT POLICY**

Triathlon BC is committed to providing an environment that is free of abuse or harassment. A sample harassment policy can be downloaded from our website that speaks to employees, directors, officers, volunteers, coaches, athletes, participants, Officials, members, and persons with a contractual relationship with your Club.

The material available within the policy is not an exhaustive list, but a guideline for determining whether or not actions can be constituted as harassment or abuse. For a detailed explanation of the harassment policy of Triathlon BC consult the Triathlon BC website ([www.tribc.org](http://www.tribc.org)) or contact Triathlon BC at [info@tribc.org](mailto:info@tribc.org).

## **TRIATHLON BC COMPETITION RULES SUMMARY**

Triathlon Canada competition rules provide the basis of rules for all sanctioned events in British Columbia. These rules are outlined in the summary below.

Please note, this summary should only be used as a guideline. Complete Triathlon Canada rules may be found on the Triathlon Canada Website.

*Note also that all of these rules are subject to change. For the most current competition rules please visit the Triathlon Canada or Triathlon BC website at [www.tribc.org](http://www.tribc.org).*

### **I. INTRODUCTION**

The Triathlon Canada Competition Rules are intended to:

- a) Create an atmosphere of sportsmanship, equality and fair play at all times.
- b) Provide safety and protection.
- c) Penalise competitors who gain unfair advantage.

### **II. GENERAL CONDUCT OF COMPETITORS**

Competitors will:

- a) Practice good sportsmanship at all times
- b) Be responsible for their safety and the safety of others.
- c) Treat other competitors, Officials, volunteers and spectators with respect and courtesy.
- d) Inform race Officials after withdrawing from the race.
- e) Be responsible for knowing and staying on the course.
- f) Not have headsets, headphones or glass containers on course.

### **III. DISCIPLINE OF COMPETITORS**

#### **1. Warning**

- a) It is not necessary for an Official to give a warning prior to issuing a more serious penalty. The purpose of a warning is to proactively alert competitors to possible rule violations.
- b) Warnings may be given when:
  - i. A rule violation appears unintentional and can be corrected after a warning;
  - ii. A race marshal believes a violation is about to occur;
  - iii. No advantage has been gained.

- c) Warnings will be given by being shown a yellow card. The competitor must stop when safe, dismount with both feet on one side of the bicycle, and raise both wheels off the ground at the same time. The Official will then tell the competitor to “GO”, and continue in a safe manner. A time or deferred penalty may be issued for safety reasons.
- 2. Disqualification
  - a) A competitor may be disqualified for:
    - i. Failing to follow the prescribed course;
    - ii. Blocking, charging, obstructing or interfering with another competitor;
    - iii. Accepting assistance from anyone other than race Officials; illegal equipment;
    - iv. Not wearing their unaltered race number provided in the proper way;
    - v. Using abusive language or behaviour, or unsportsmanlike conduct;
    - vi. Wearing items deemed a hazard to oneself or others (*i.e.* a cast, headphones, etc.).
  - b) Is assessed by sounding a whistle, showing a red card, and calling the competitor’s number.
- 3. Suspension
  - a) A competitor can be suspended for unsportsmanlike conduct, etc.

#### IV. SWIMMING CONDUCT

- 1. Rules
  - a) A competitor may stand on the bottom or rest by holding an inanimate object such as a buoy, but there must not be any forward progression (e.g. walking).
  - b) In an emergency, a competitor should raise an arm overhead and call for assistance. Once Official assistance is rendered, the competitor must retire from competition.
- 2. Equipment
  - a) A competitor must wear the swim cap provided by the race organization.
  - b) If weather conditions dictate, wetsuits may not be allowed.
- 3. Illegal Equipment
  - a) Artificial propulsion devices (*i.e.* fins, socks, paddles, flotation devices, etc.).

#### V. CYCLING CONDUCT

- 1. General Rules
  - a) Competitors who have established the right-of-way must not block others.
  - b) Competitors must obey traffic laws unless otherwise directed by a technical Official.
  - c) Bare torsos are not permitted.
- 2. Drafting
  - a) Drafting off another competitor or motor vehicle is forbidden. All competitors must reject any attempt by others to draft.
  - b) The draft zone will be a rectangle. The width will always be 3 metres wide. The center of the leading 3-metre edge will be measured from the leading edge of the front wheel. The length of the rectangle will depend on the distance of the race: for Long distance events the length will measure 12 metres; for Standard distance events or shorter, the length will measure 10 metres.
  - c) A competitor may enter the draft zone of another competitor, but must be seen to be progressing through that zone. A maximum time will be allowed to pass through the zone of another athlete: 20 seconds for Long Distance events and 15 seconds for Standard distance events or shorter.
  - d) If a competitor is unable to pass within the allotted time, they must immediately move out of the draft zone. They may then attempt another pass if they wish.
  - e) Draft zones may not overlap.
  - f) The vehicle draft zone is a rectangle, 35 metres long by 5 metres wide.
- 3. Equipment
  - a) Bicycles must have the following characteristics:
    - i. Fairings or devices which reduce air resistance are prohibited;

- ii. The front wheel may be a different diameter than the rear wheel, but must be of spoke construction. Covers are allowed on the rear wheel;
  - iii. Handlebar ends must be plugged, tires well glued, headsets tight, and wheels true;
  - iv. There must be a well-functioning brake on each wheel.
- b) Bicycle helmets are compulsory.
- i. The helmet must be approved by an officially recognized certification authority (i.e. ANSI, Snell, Bell, CSA etc.);
  - ii. Alterations to the helmet not intended by the manufacturer are forbidden;
  - iii. The helmet must be securely fastened at all times when the competitor is in possession of the bicycle;
  - iv. Headsets, headphones, and glass containers are forbidden.

## VI. TRANSITION CONDUCT AREA

### 1. General Rules

- a) All competitors must have their helmet securely fastened from the time they remove their bicycle from the rack at the start of the cycle until after they have placed their bicycle on the rack at the finish of the cycle.
- b) Competitors must use only their designated bicycle rack, and rack their own bike.
- c) Competitors must not impede the progress of other competitors in the transition area.
- d) Competitors must not interfere with another competitor's equipment.
- e) Competitors must mount and dismount their bicycle at the designated area or line.
- f) Cycling is not permitted in the transition area.
- g) Nudity or indecent exposure is forbidden



# TRIATHLON BC CLUB AFFILIATION FORM

## CLUB INFORMATION

Club Name :	City:
Club Contact Name:	Phone: (     )
Club Mailing Address:	Club Email:
	Club Webpage:
City:	Postal Code:

## EXECUTIVE CONTACT INFORMATION

President:	Phone Number: (     )	email:
Registrar:	Phone Number: (     )	email:

## AFFILIATED CLUB WORKOUT INFORMATION

Please list the names and NCCP certification levels of all Club Coaches. Coaches involved with athletes under the age of 19 are required to submit a Criminal Record Check (CRC) to Triathlon BC. Criminal Record Checks are valid for a duration of 3 years.

*PLEASE NOTE:* All affiliated Clubs must have at least one NCCP Coach on their roster. A minimum accepted certification is NCCP Triathlon Community Sport or Triathlon Comp Introduction.

Will the listed Club host members under the age of 19 years of December 31? YES      NO    

Coach 1:	TriBC #:
Level of NCCP Triathlon Certification Achieved:	
Date of Certification:	NCCP #:
Date of Criminal Records Check Submission (if coaching athletes U19) :	

Coach 2:	TriBC #:
Level of NCCP Triathlon Certification Achieved:	
Date of Certification:	NCCP #:
Date of Criminal Records Check Submission (if coaching athletes U19) :	

*If additional coaches are affiliated with your Club, please list names and qualifications on a separate page.*

## IN ORDER TO PROVIDE ONLINE REGISTRATION PASSCODES ALLOWING FOR CLUB MEMBERSHIP DISCOUNTS, AFFILIATED CLUBS MUST MEET MINIMUM ELIGIBILITY GUIDELINES, INCLUDING MINIMUM ATHLETE NUMBERS AS OUTLINED BELOW.

- Minimum of 10 members in Zones 2, 3, 4, 5 and 6 (includes Thompson-Okanagan, Fraser Valley, Fraser River-Delta, Vancouver-Squamish and Vancouver Island).
- Minimum of 5 members in Zones 1, 7 and 8\* (includes Kootenays, North/West BC and Cariboo-North East BC).
- Youth-Specific Clubs require a minimum of 5 participants under the age of 19.

## PREVIOUSLY UNAFFILIATED CLUBS MUST PROVIDE A MEMBERSHIP DEPOSIT OF \$250.00 AT TIME OF AFFILIATION. THIS AMOUNT IS REFUNDABLE UPON MEETING AND/OR EXCEEDING MINIMUM MEMBERSHIP NUMBERS, AS OUTLINED ABOVE.

CREDITCARD NUMBER:  
NAME AS IT APPEARS ON CARD:

EXPIRY DATE:

CHEQUE NUMBER:

CHEQUE AMOUNT:

## TRIATHLON BC CLUB AFFILIATION FORM

For insurance purposes, please list the dates, location, specific times and the type of workout for all Club workouts (attach extra pages as required). If required, additional workout information can be submitted throughout the year.

*PLEASE NOTE:* All coaches and athletes participating in a scheduled workout must hold current TriBC membership.

Date(s):  
Location(s):  
Times:  
Facility (if applicable):  
Type of Training Session:

Date(s):  
Location(s):  
Times:  
Facility (if applicable):  
Type of Training Session:

Date(s):  
Location(s):  
Times:  
Facility (if applicable):  
Type of Training Session:

Date(s):  
Location(s):  
Times:  
Facility (if applicable):  
Type of Training Session:

Date(s):  
Location(s):  
Times:  
Facility (if applicable):  
Type of Training Session:

Date(s):  
Location(s):  
Times:  
Facility (if applicable):  
Type of Training Session:

Date(s):  
Location(s):  
Times:  
Facility (if applicable):  
Type of Training Session: