



Excelleration Multisport Club: Job Description

Job Summary

Excelleration Multisport Club is currently looking for enthusiastic, energetic, and dynamic coaches to assist with multisport programs for children, youth, and adults. Leaders will be involved with group and individual lesson planning, athlete supervision, and active participation. For detailed group descriptions please visit <http://www.excellerationtriclub.ca/>. All practices take place at or near Templeton Park and Pool. Excelleration offers programs for ages 4 - 19, and adult programs. We teach a variety of fundamental sport and movement skills that provide a basis for lifelong participation in sport. We encourage respect, social responsibility and healthy competition.

Coaches are required for the following groups:

- 1) NEW Adult bike-run program (development opportunity) Monday, Wednesday nights
- 2) Adventure Tri (4-6 years) Wednesday and Friday nights
- 3) YOS (Youth of Steel) Monday, Wednesday, and Friday nights
- 4) KOS (Kids of Steel®) Monday, Wednesday, and Friday nights

All practices take place between 4:00 and 7:30pm depending on the night.

See sample schedule on the website at:

http://www.excellerationtriclub.ca/sites/all/files/FALL%202010%20MASTER%20schedule_0.pdf

Session Dates

Winter Session: 11 weeks: Weeks of January 4 to March 14

*Possibility of continuing through Spring Session (April – June)

Required Skills, Experience, and Qualifications

- All coaches and volunteers must complete a criminal record check.
- WSI or I Can Swim instructor training is required for lead coaches in pool sessions.
- Basic knowledge of FMS and movement education principles; triathlon experience, and/or NCCP training in other sports are assets

Candidates should:

- model a healthy, active lifestyle and respect for all peoples
- have experience working with kids and youth in dynamic, sport related settings
- possess a high level of energy and positive enthusiasm
- be willing and able to participate in activities with the athletes
- demonstrate experience managing diverse (skill, motivation, social ability) groups of children and youth in a physical activity / sport setting

Coach Remuneration

Pay is hourly between \$15.00 and \$20.00 depending on experience and qualifications.

*Coaches receive NCCP training in triathlon and FMS.

*Coaches may also volunteer to assist the community.

Application

Submit a brief resume and two references to: info2@excellerationtriclub.ca and koachkristine@gmail.com.

Additional Notes

Excelleration is not a performance based club. We focus on long term approach to sport and social development. Our practices are busy, active, and focus on maximizing movement time for all athletes. We emphasize inclusion and encourage ALL athletes, regardless of ability, background, behaviour, or motivation to get involved and play sport. We expect coaches to model these values and treat all athletes with RESPECT at all times.