



**Pre-Race Course Check** (please expand on any areas where needed)

<b>SWIM</b>	<b>Exceeds Expectations</b>	<b>Meet Expectations</b>	<b>Needs Improvement</b>	<b>Not Applicable</b>
<b>Open water swim</b>				
Water temp (record) : °C				
Clarity/adequacy of course markers				
Start area marking				
Start procedures followed				
Course distance verification				
Watercraft (type and number)				
Wave sizes				
Number of life guards, flotation devices, life jackets, rings etc.				
<b>Pool Swim</b>				
Space in each lane				
Start procedures followed				
Safety on pool deck				
Wave sizes				
<b>Additional Comments:</b>				
<b>Transition</b>	<b>Exceeds Expectations</b>	<b>Meet Expectations</b>	<b>Needs Improvement</b>	<b>Not Applicable</b>
Clarity of marking				
Fairness of flow				
Number of bike racks and spacing				
Security				
Adequacy of space				
Mount /dismount line clearly identified				
Directional signage				
Number of volunteers				
Number of officials				
<b>Additional comments</b>				

<b>CYCLE</b>	<b>Exceeds Expectations</b>	<b>Meet Expectations</b>	<b>Needs Improvement</b>	<b>Not Applicable</b>
Adequate number of motorcycles provided				
Course distance verification				
Clarity of marking				
<b>CYCLE cont.</b>	<b>Exceeds Expectations</b>	<b>Meet Expectations</b>	<b>Needs Improvement</b>	
“Race in Progress” signage				
Corners swept				
Quality of road surface				
Traffic control at intersections				
Adequacy of aid stations				
Lead/sweep vehicle/bike				
<b>Additional comments</b>				
<b>RUN</b>	<b>Exceeds Expectations</b>	<b>Meet Expectations</b>	<b>Needs Improvement</b>	<b>Not Applicable</b>
Course distance verification				
Well marked				
Adequate aid stations				
Marking of finish area				
Sweep vehicle/bike				
<b>Additional comments</b>				

<b>Course Design (General)</b>	<b>Exceeds Expectations</b>	<b>Meet Expectations</b>	<b>Needs Improvement</b>	<b>Not Applicable</b>
Medical aid				
Crowd control				
Adequacy of washrooms (portable and permanent)				
Signage				
Number of volunteers				
Additional comments				

**Please attach to Official's Report**

**Please note any deviations from the plans described in the Sanctioning Package.**