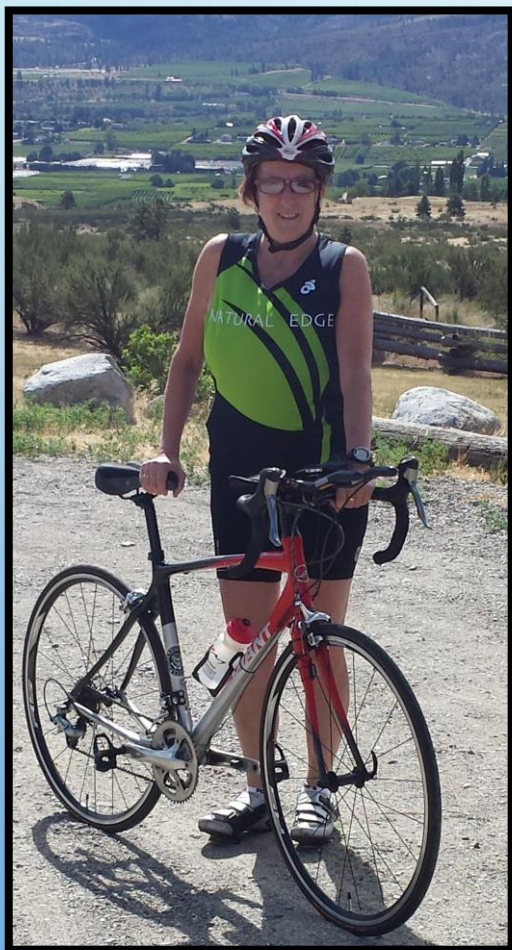


ATHLETE FEATURE: *LEIGH BLANEY*



What was your first race and where was it? *UBC Triathlon - Vancouver BC*

What made you decide to get into this sport? *My sister had been doing tris for a couple of years; I had done the Victoria Marathon & ended up with multiple injuries so needed to rehab in the pool. From there it was a natural transition to triathlon; besides I have a short attention span so having 3 short disciplines in one event keeps me engaged :)*

What keeps you competing in triathlons, what keeps you coming back to Triathlon? *I love the camaraderie, the volunteers, and the overall vibe of events. I also volunteer at registration and announcing with Steve & Jean King, and their friendship and history in triathlon is so inspiring I keep coming back.*

What does your training look like? *I am a minimalist so the least training I can get away with is what I do. Luckily I have a great running & swim community so they do some good-natured shaming & I end up training despite my best intentions.*

What are some of the things you love about Triathlon and the Triathlon community? *It doesn't matter how old, and/or slow you are, you are still a triathlete and the tri community is soooo supportive of everyone who attempts/participates in events.*