

**Present (Board Members and Staff)**

Troyce Beglaw  
Michael Brown  
Greg Christensen (Staff)  
Andrea Damiani  
Jody Deane

Larry Feagan  
Kelly Guest (Staff)  
Keith Iwasaki  
Allan Prazsky (Staff)  
Stuart Scott  
Tim Sherstobitoff (Staff)

**Regrets**

Susie Ernsting

Call to Order (M. Brown): 14:00 hrs

**1. Call to Order / Welcoming Address**

- Opening remarks
- Welcome to the 35<sup>th</sup> Triathlon BC AGM and our third online AGM
- This is our third on-line AGM
- Land acknowledgments
- Introduction and thank-you to the board
- Disclosure – This is a live stream Annual General Meeting and being recorded
- Online procedures and House Rules

**2. Establish Quorum**

Quorum Established – 31 on-line at start of meeting

**3. Approve 2023 AGM Agenda**

Motion: Approve the 2023 AGM Agenda as presented.

Motioned – Jody Deane

Seconded – Troyce Beglaw

In Favour – 100%

Opposition – 0%

Abstentions – 0%

Carried

**4. Approve Minutes**

Motion: Approve the Minutes from the 16 October 2022 AGM (with correction to Greg Christiansen's name in Section 6 of the Executive Director's Report)

Motioned – Stewart Scott

Seconded – Michael Gregory

In Favour – 97%

Opposition – 0%

Abstentions – 3%

Carried

**5. Board Chair Remarks – Michael Brown**

- Thank-you to everyone joining us
- 2023 season was strong on many fronts
- Expanded events
- Thanks to Larry Feagan, our Past President
- I look forward to serving as Chairman for the next two years and working with Allan and the Board

**6. Executive Director's Remarks – Allan Prazsky**

- 2023 was a busy year with many sold out events
- We reached 90% of our pre-COVID membership numbers and implemented a new "Day Registration" system which helped us capture over 2-times the amount of online day-of-race members as in 2022
- BC continued host Canada's largest number of World Championship qualifiers, and our high-performance teams positioned BC as one of the top producers of performance pathway athletes
- Earlier in the year we hosted a free 4-part online webinar series for over 100 participants focused on skills and tactics, nutrition, mental performance and strength and injury prevention
- Triathlon BC delivered four hybrid NCCP Coaching Clinics and another 3 clinics are on offer for this fall
- In 2023, Triathlon BC dove into event hosting, aiming to reduce the barrier of entry with regional, low cost, school driven multisport events and have us investing in several more grass roots initiatives in 2024
- For the first time, Triathlon BC partnered with the RBC Training Ground with the aim to find our top athletes and funnel them into provincial or national development programs. Tri-BC hosted 3 opportunities for athletes in Kelowna, Vancouver and Victoria
- With an eye on recruitment, Triathlon BC partnered with Olympians to teach the fundamentals of performance, hosting a series of multisport camps in Kelowna, Vancouver and Vanderhoof, preparing young athletes for the demands of the performance pathway and next year's BC Summer Games
- As a direct result of a collaborative relationship with Sport BC, we partnered with one of Canada's most successful athletes, Olympic medalist, Brent Hayden, for an open water skills clinic
- The COVID restrictions were particularly challenging to our performance pathway programs, as the lack of meaningful competitions over the past two years had athletes exiting the system.
- As part of our rebuilding effort, the SuperSeries was tweaked to maximize athlete opportunities, including new race formats, two-day development weekends, where athletes were faced with individual time trails and race day, performance on demand requirements
- Mid-summer, our athletes also returned to Europe, where they showed consistent progress across a number of European Premium Cup events, that ultimately put Victoria's Danial Damian on the podium in Holten.
- After Europe, BC athletes attended a development Camp in Montreal prior to competing in the National Championships; BC went on to win titles at the Junior Women, U23 Men and the Men's Senior Elite Championship events.

- Our athletes also managed 6 international top 10 junior finishes, 20 top ten Continental Cup finishes and 5 top 20 finishes in world cup events.
- Two BC athletes have just made the start list for next month's Pan Am Games in Santiago, Chile  
2024 promises a strong return for our performance department.
- Though small in number, our Technical Officials program continues to punch above its weight. Reflecting the sports parity in participation, our technical officials also show equal weighting across both genders
- As an entry point, Triathlon BC hosted two PTO1 Clinics this year
- Two of our officials went on to certify at the National level, two advanced to the International level, while another two recertified with World Triathlon at the NTO and CTO levels
- A feather in the cap to this standout program includes BC officials being appointed to: the Americas Triathlon, Arena Games, World Triathlon Para Series, World Championships, the upcoming Pan Am Games, and the 2024 Olympics in Paris, next summer.
- This summer we launched a volunteer recognition campaign which highlighted long time contributors that have helped build and position the sport around the province. From top level officials through to local organizing committees and everyone in between, the response to the campaign has been phenomenal
- A heartfelt thank you to those volunteers that have helped propel triathlon forward across BC.
- Last year, we committed to increasing our visibility across our digital channels, reporting a growth of 43%
- The needle has nudged again, increasing our fan base by 73% over that of early spring 2022
- Our electronic communications have also grown, from just under 80,000 annual sends last year, to almost 113,000 over the last 12 months – an increase of almost 140 %, while at the same time, enjoying industry leading opening and click through rates.
- After a comprehensive quad review, Triathlon BC also achieved viaSport's 'accredited' designation, indicating that we are reputable, trustworthy, and committed to excellence through high-quality sport delivery, adhering to standards, promoting inclusion, safety, and diversity and providing resources to enable the growth and development of sport in BC
- Over the past two years, Triathlon BC has been a valued partner with ViaSport, where we contributed to the provincial Budget Consultation process in 2021, lent our voice and expertise to the Canadian Sport Policy Working Group in 2022, and In 2023, Triathlon BC joined Sport BC in forming a visionary dialogue with the Provincial Government, that would see a common Sport Hub created out of BC Place. Triathlon BC will continue to forge relationships with government and industry leaders, and lead by example where we can
- We are, and continue to be, grateful for the investment that our federal and provincial governments have made to Sport, and the support and leadership that viaSport, the Canadian Sport Institute, Sport BC and 94 Forward have shown the sector
- I would also like to thank the Board for their leadership, and notably, Triathlon BC's staff, Tim Sherstobitoff, Kelly Guest, Greg Christensen and Nikola Racecova for being patient, creative and innovative in program delivery, and am thankful for the relationships that we have forged throughout communities across BC



Motion: Destroy Ballots  
Motioned – Andrea Damiani  
Seconded – Troyce Beglaw  
In Favour – 100%  
Opposition – 0%  
Abstentions – 0%  
Carried

Thank-you to all those who stood for election

**10. New Business**

- **None**

**11. Adjourn**

Motion: Adjourn 2023 AGM  
Motioned – Jody Deane  
Seconded – Michael Gregory  
In Favour – 100%  
Opposition – 0%  
Abstentions – 0%

Meeting adjourned: 14:37 hrs.

Minutes Respectfully Submitted  
Keith Iwasaki