



2026 BC Summer Games Zone Qualification

Overview

The BC Summer Games are more than just a race, they're a chance to experience high-energy, performance-focused triathlon in a multi-sport Games environment. For young athletes, it's an opportunity to challenge yourself, represent your Zone, and take an exciting step into the high performance pathway.

In 2026, the BC Summer Games return to the original 14–15 year old age group, with a quota of 52 spots. Triathlon BC's goal is to see every quota spot filled with motivated athletes ready to compete, learn, and be inspired.

To take part, athletes should attend a Zone Qualification Event, and are encouraged to complete a BC Games Expression of Interest Form. This form ensures you'll stay connected to important updates about Zone qualification races, training camps, and other opportunities leading into the Games.

[Click Here](#) to submit your BC Games Expression of Interest Form.

BC Summer Games Information

As per the BC Summer Games Technical Package the following parameters regarding Zone Selection apply to Triathlon:

- *BC Summer Games Information*
 - July 22-26th, 2026
 - Kelowna, BC
 - Triathlon's venue is TBC

- *Athlete Eligibility*
 - Athletes must be annual members of Triathlon BC for the 2026 season to qualify as BC Summer Games Athletes. Athletes must be active members prior to competing in the qualifying event
 - Athletes must be residents of BC
 - Athletes are encouraged to submit the Athlete Expression of Interest Form before their zone qualifying event.

- *Triathlon Events at the Games (may be adjusted if needed)*
 - Super Sprint Triathlon (400m Swim/ 10km Bike/ 2.5km Run)
 - Duathlon (1km Run/7.5km Bike/ 1km Run)
 - F1 Triathlon (200m Swim/ 2.5km Bike/ 1km Run)
 - Aquathlon (300m Swim/ 1km Run)
 - Mixed Relay (Distances TBC)

- *Draft-legal bike events*
 - Bike events at the BC Summer Games are draft-legal. All participants must have completed a draft certification course prior to the BC Games.
 - For zones where the Qualification event is draft-legal, athletes will be required to complete a draft certification in order to be eligible for Zone Qualifier and Zone Wildcard spots.

- *Eligible Age Group*
 - 14 – 15 years of age as of December 31, 2026 (Birth Years 2011 and 2012)
 - BC Summer Games Race Age Group (medal category) is 14-15 yrs of age (Male and Female)

- *Zone Team Composition*
 - 4 competitors can be selected to their respective zone through qualifying events.
 - Additional athletes may be selected to each zone through Wildcard spots and 2025 SuperSeries Champion spots.
 - Triathlon BC has created a policy to allocate these spots to each zone to ensure fairness. Please refer to the policy below.

- *Zone Qualification Events*
 - All qualifying events must occur before Monday, June 15, 2026

- *Games Registration Deadline*
 - All participants must be registered with BC Games by June 22nd, 2026
 - Registration link will be provided to the selected athletes

- Zone locations and boundaries
 - Information about the location and boundaries of each zone can be found here: <https://bcgames.org/games/zones/>

Qualification

For the 2026 BC Summer Games, there are 52 spot available for competition. Athletes can qualify to their respective zones through the process below:

Zone Qualifier Event spots (32 spots total)

4 spots per zone: 2 male, 2 female per zone

- Top two finishers in their Race Age Group category at each Zone Qualifying Event will receive a qualification spot.
 - The Race Age Group categories are:
 - Female DOB 2011-2012 (14-15yr old)
 - Male DOB 2011-2012 (14-15yr old)
- Any unfilled spots will remain in each zone, and any unfilled spots may be filled at the discretion of Triathlon BC.
- Zone Qualifier Event spots will be allocated on the Tuesday following each Zone Qualifying Event.

Zone Wildcard spots (16 spots total)

2 spots per zone: 1 male, 1 female per zone:

- The next fastest male and female in their Race Age Group category at each Zone Qualifying Event, who has not already been selected, will receive a qualification spot.
- If any 'Zone Wildcard spots' are unable to be filled, that spot will become an additional 'Provincial Wildcard spots' of any gender.
- Zone Wildcard spots will be allocated on the Tuesday following each Zone Qualifying Event.

Provincial Wildcard spots

Two spots; 1 male, 1 female

- Provincial Wildcard spots can be allocated to an athlete of any zone, born 2011-2012. Provincial Wildcard spots will be available for athletes who showcase exceptional performances and attitude. Selection will be made by Triathlon BC, taking into consideration any one or more of the factors below, in no particular order.
 - Athlete's performance at respective zone qualifying event.
 - Athlete's performance at 2025 SuperSeries events.
 - Athlete's performance at non-drafting triathlon events.
 - Athlete's attitude, composure, and behaviour at triathlon events.
 - Athlete's attendance, performance, and attitude at Triathlon BC training camps and clinics
 - 200m swim and 1500m run benchmark times
 - Maintaining or establishing gender balance across all zones
- Provincial Wildcard spots will be allocated on, or before, June 15th.
 - If any spots remain after June 15th, they will be allocated as seen fit by the Triathlon BC, until all spots are filled.

2025 SuperSeries Spots

2 spots total: 1 male, 1 female

- The top placing athlete in the SuperSeries Youth Overall Standings (male and female) will be recognized for their triathlon achievement and are automatically selected for 2026 BC Summer Games in their respective Zone.
 - As these two athletes are automatically selected, their results will not count towards spots within their Zone Qualifier Events and Wildcard spots.

Zone Qualifying Events

Zone	Date	Race	Location	Event type
Zone 1	June 14, 2026	Wasa Triathlon	Kimberley	Non-drafting Event
Zone 2	May 3, 2026	Cherry Triathlon	Kelowna	Non-drafting Event
Zone 3, 4, 5	June 14, 2026	Exceleration Triathlon	Vancouver	Non-drafting Event
Zone 6	June 7, 2026	Shoreline Orthodontics Tri-K	Courtenay	Non-drafting Event
Zone 7	TBD	TBD	TBD	Non-drafting Event
Zone 8	May 31, 2026	PG Northern Triathlon	Prince George	Non-drafting Event

- TBD – The Zone 7 qualifier event is still being determining. It may be a specific Zone 7 event, or it may be combined with the PG Triathlon. This document will be updated when these details are confirmed.
- If the Zone Qualifying Event is a Draft legal event, athletes must have completed a draft certification course prior to participating in the event.
- Draft legal equipment rules will apply to all events, regardless if they are draft legal or not.
 - no TT bikes, no disc wheels, and no aerobars allowed.

Questions: Please contact Triathlon BC Program Manager Tim Sherstobitoff at programs@tribc.org if you have any questions regarding this document and the BC Summer Games Selection process.

ATHLETES:

**[SUBMIT YOUR BC GAMES
EXPRESSION OF INTEREST FORM
HERE](#)**

**[PROVINCIAL WILDCARD
NOMINATION FORM HERE](#)**