TRIATHLONBC

ATHLETE FEATURE: EVAN FAGAN

What was your first race and where was it? Panorama Triathlon, North Saanich, BC, 1996.

Any current goals or dreams that you are still chasing? Have completed 148 marathons and would like to complete at least two more to reach 150. Would like to enter a few more sprint triathlons in the future.

What keeps you competing in triathlons, what keeps you coming back to Triathlon? To show myself I can still do the distances. Not very many participants in the 80 plus age group.

What have been the major changes you have seen in the years you have participated? Many more events nowadays. The sport retains it's appeal and popularity.

What are some of the things you love about Triathlon and the Triathlon community? I like well organized events that also cater to the participants and have a "non profit" goal as much as is possible.

What advice would you give to someone wanting to get into the sport of Triathlon?

Take up the cross training necessary and work out every day, if possible.

