

## 2019 Triathlon BC Provincial Champions

### Duathlon BC Champions - Barely Mills Bare Bones Duathlon

May 11

Male		Female	
30-34	Winston Guo	25-29	Kaileen Mcculloch
40-44	Martin Caron	55-59	Gloria Woolner
45-49	Christian Hansen	60-64	Susan Evans
50-54	Gord McInnes		
55-59	Robert Watt		
60-64	Craig Premack		
70-74	Ian Ross		
75-79	Keith Evans		

### Standard Distance BC Champions - Kelowna Apple Triathlon

July 7

Male		Female	
20-24	Owen Harris	18-19	April St Pierre
25-29	Juan Jaramillo	20-24	Jimena Salinas
30-34	Owen Bain	25-29	Samantha Green
35-39	Robert Johnson	30-34	Lauren Babineau
40-44	Murray McCutcheon	35-39	Kamen McNamara
45-49	Matt Fieldwalker	40-44	Alanna Dyck
50-54	Brent Hobbs	45-49	Shannon Lebeuf
55-59	Rob Nielsen	50-54	Coleen Gray-Hewett
60-64	Sean O'Mahony	55-59	Marie-Josée Cossette
65-69	Jack MacDougall	60-64	Shirley Fisher
70-74	Derek Duvall	65-69	Lauralee Nelson
75-79	Keith Evans	70-74	Barbara Binns

### Sprint Distance BC Champions - Kelowna Apple Triathlon

July 7

Male		Female	
16-19	Jack Screen	16-19	Annika Ariano
20-24	Ethan White	20-24	Joley Weiss
25-29	Fraser Cashion	25-29	Adrienne Dargie
30-34	Thomas Watson	30-34	Daniell Shand
35-39	Geoff Waterman	35-39	Jennifer Cooper
40-44	Samuel Lazar	45-49	Christine Cogger
45-49	Mathew Thomson	50-54	Colette Kinderdyk
50-54	Bertrand Bozek	55-59	Nancy Carleton
55-59	Patrick Long	60-64	Sue Bennett
60-64	Alex Szirmai		
65-69	Lorne Semenowich		
70-74	Charlie Bruce		
75-79	Bob Sherwood		

<b>Junior BC Champions - Paradigm Naturopathic Kids Triathlon</b>			
<b>September 8</b>			
<b>Male</b>		<b>Female</b>	
Brock Hoel		Emmajean Neal	
<b>Cross BC Champions - Dodge City X Triathlon</b>			
<b>September 8</b>			
<b>Male</b>		<b>Female</b>	
30-34	Alex Nataros	30-34	Zoe Dawson
35-39	Derek Vinge	35-39	Michelle Mark
40-44	Chris Hahn	40-44	Lisa Helmer
45-49	Ben Thomas	45-49	Marcia Jansen
50-54	Jason Sandquist	50-54	Wendy Cocksedge
55-59	Dan Smith	60-64	Janice Meek
65-69	Derek Tripp		
<b>Long Distance Champions - Cultus Lake Triathlon</b>			
<b>September 15</b>			
<b>Male</b>		<b>Female</b>	
30-34	Dustin Quigley	18-24	Kiah Wheeler
35-39	Joshua Chambers	25-29	Teala Mackowetsky
40-44	Samuel Lazar	35-39	Kristina Paule
45-49	Brent Ziefflie	40-44	Sarah Greenwood
50-54	Chris Siver	45-49	Angela Froese
55-59	Vincenzo Cavaliere	50-54	Mette Hobden
60-64	Craig Premack	60-64	Pamela Dudas
70-75	Derek Duvall		

***\*\*In order to be named as a BC Champion, athletes must be annual members with Triathlon BC***