

2020 DATE	TYPE OF EVENT	EVENT OUTLINE	TARGETED ATHLETE	LEVEL OF SUBSIDY
February 16 – 22, 2020	Warm weather cycling camp. Arizona, TBC*	This camp provides access to a warm weather block of cycling, focused on developing aerobic capacity, and essential skills required in draft legal competitions.	U23/ Junior	<i>SUBSIDIZED!</i> 20% discount on Camp for Project 2024 Team Athletes
March TBA	Follow up strength & conditioning/ physiological testing. Regional; Victoria/ Okanagan TBC*	Ongoing Testing and monitoring is an opportunity to receive an objective gauge of athlete fitness, well being and to better inform training	Mandatory for all Project 2024 Athletes.	<i>SUBSIDIZED!</i> 30% discount for Project 2024 Team Athletes
March 23 – 27, 2020	Victoria Spring Camp	This Camp is an opportunity for junior athletes to receive a highly focused block of training in a Camp setting, super-charging skills and fitness before the racing season begins.	Junior	<i>SUBSIDIZED!</i> 20% discount on camp for Project 2024 Team Athletes
March - May	4x Mental performance workshops provided by CSIP experts	These workshops provide athletes and their coaches access to World Class tools and practices to enhance athletic performance	Mandatory for all Project 2024 Athletes. Provided through interactive webinars on Wednesday nights 6:30-7:30pm (approx. once per month)	<i>SUBSIDIZED!</i> 100% Discount for Project 2024 Team Athletes.

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March - May	4x Nutritional performance workshops provided by CSIP experts	These workshops provide athletes and their coaches access to World Class tools and practices to enhance athletic performance	<p>Mandatory for all Project 2024 Athletes.</p> <p>Provided through interactive webinars on Wednesday nights 6:30-7:30pm (approx. once per month)</p>	<p><i>SUBSIDIZED!</i></p> <p>100% Discount for all Project 2024 Team Athletes.</p>
May – September	BC SuperSeries	The BC SuperSeries consistently delivers the highest quality of draft legal racing in Western Canada.	<p>Team athletes must commit to competing, at minimum, to 50% of the BC SuperSeries, in addition to competing at the Provincial Championships to receive reimbursement.</p> <p>Athletes that are prevented from fulfilling this commitment due to medical reasons or conflicting triathlon events at international level may apply for exemptions</p>	<p><i>SUBSIDIZED!</i></p> <p>Discount based on Athlete Level</p> <ul style="list-style-type: none"> • Athlete Level 1 – 50% • Athlete Level 2 – 60% • Athlete Level 3 – 70% <p>Athlete must compete at Provincial Championships to apply for reimbursement. Reimbursements issued upon completion of Project.</p>

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July	Monroe USAT National Junior Series TBC*	Monroe USAT National Junior Series provides a high-level racing experience just across the border in Washington State.	Junior athletes	Triathlon BC will provide coached support with their pre-race prep and race day tactics
June 23 – 29, 2020	Montreal CAMTRI/WTS/Quebec Cup TBC*	This project will allow athletes to be in a camp-based environment while competing at either CAMTRI or Quebec Cup (jr athletes) competitions.	All athletes	SUBSIDIZED! 30% discount for project 2024 Team Athletes
July 16 – 20, 2020	Longbeach CAMTRI/ USAT Junior Race TBC*	This project will allow athletes to be in a camp-based environment while racing at either CAMTRI or USAT National Series (jr athletes) competitions.	All	SUBSIDIZED! 30% discount for Project 2024 Team Athletes.
July	Pre-Nationals prep camp in Eastern Canada TBC*	This project will allow athletes to fine tune preparations for National Championships. Will include venue prep, sighting, traveling early and acclimatizing to conditions.	All athletes	SUBSIDIZED! 30% discount for Project 2024 Team Athletes.
July	Triathlon Canada National Championships Junior/U23 Championships	Building on to the Pre-Nationals Prep Camp, competing at the National Championships should be a priority for all performance-oriented athletes.	Junior/U23 Athletes	SUBSIDIZED 100% Discounted race entry for all qualified Project 2024 Junior & U23 athletes

*TBC – A minimum number of athletes are required for each project to move forward.